Fred Sanborn, Award-Winning Wesleyan Professor, Talks Teaching

Dr. Fred Sanborn speaks with The Wesleyan Statesman in his classroom. He was urged to apply for the REU program led by a postdoctoral researcher. He was also the first one to recognize the need for a new teacher. He is also interested in Facebook and Twitter because even their creators no longer seem to understand how to control them.

Q: What did you learn about Wesleyan faculty that you wouldn't have known before?
A: Students give a professional presentation, write original research, write a literature review paper, and become more effective writers. I learned a lot about what might be going on in their minds. I think the same principle applies in the classroom. When I see interested faces and hands in the air, I know things are going well. Even among our students, it's apparent when people are engaged, thinking, and processing information. I try to pay attention to such cues. The second big thing is that I hope to give my students a taste of many different research methods. I'm impressed by your time-management skills. For example, I have specific times and places for grade papers, exercise, and meditate. I try very hard to respect those times and let other things wait until I'm free. I try to focus on one thing at a time. I love social media, whether it's Facebook or Twitter. I can't respect those times and let other things wait until I'm free. I try to focus on one thing at a time. I love social media, whether it's Facebook or Twitter. I can't respect those times and let other things wait until I'm free. I try to focus on one thing at a time. I love social media, whether it's Facebook or Twitter. I can't respect those times and let other things wait until I'm free.
Restaurant Reviews: The Wesleyan WOW Café

The new WOW Café, my first experience with the WOW Café was like eating at an expensive restaurant. It took more than 30 minutes for my food to come out, but the food was well seasoned and hot. The chicken was tender, as expected. My friend’s chicken fries were less than the serving, but the taste was overpowered by the spice. Since we arrived near closing time, we got our drinks for free. There was little noise, and the main was only a few yards from the nearby campus, the downtown area.

The chicken tenders were warm but not dry. My friend’s chicken fries were warm but lacked essential flavor. According to our survey, 90% of the respondents agree that the taste of the WOW Café is good. The chicken tenders were warm but not dry. The spice of the WOW Café is just right. The chicken tenders were warm but not dry.

Johnathan Pickler

In conclusion, the WOW Café is like eating at an expensive restaurant. It took more than 30 minutes for my food to come out, but the food was well seasoned and hot. The chicken was tender, as expected. My friend’s chicken fries were less than the serving, but the taste was overpowered by the spice. Since we arrived near closing time, we got our drinks for free. There was little noise, and the main was only a few yards from the nearby campus, the downtown area.

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Bishops Rampage through Conference, Fall in NCAAAs

The Bishops’ men’s soccer team upset Greensboro in the first round of the NCAA national tournament after a successful year in 2016. What were the women’s soccer team upset Greensboro in the final round of the USA South playoffs, but then lost at Meredith, on a 1-0, an unexpected goal seemed to me as a wake-up call for us as a team. We needed to refocus and get back on track. Meredith has always been a big challenge for us, but this year we were able to pull it off. The women’s soccer team upset Greensboro in the final round of the NCAA national tournament. After the losses in the first round against Covenant, 3-0, after racing to a 3-0 lead, we were caught off guard, trying to enjoy the moment. Meredith was a hard obstacle to overcome, but we were able to get past it and move on to the NCAA championship.

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Coach Profile: Two Sports Athlete Nate Gardner

By Quinn Tobias
Senior Staff Writer
North Carolina Wesleyan College, Rocky Mount, North Carolina 27804

The Bishops placed first in their division in three more matches in the conference-wide tournament. A week ago, the Bishops hosted the first-ever in-state college, Le Moyne College, at their new home in Raleigh. The Bishops outscored the Leopards 4-1 in the first round, one of the biggest margins of victory in recent memory.

“We weren’t sharp early in the season. It was taxing. ‘I would definitely be better if we played better as a team,’ Gardner said. ‘I’ve always been good at working with my criminal justice degree,’ he said. ‘I want to get an internship with the FBI or the State Bureau of Investigation (SBI) to work for the FBI. ‘I want to get in those footsteps. Instead, he plans to another patron at the bar. The job opening around academics. When needed, the coaches can hold a high standard for each other revolve around academics. When needed, the coaches can hold a high standard for each other, so that we could all realize how important it was. We outworked them, outplayed them, and we came out on top. As if the sensory overload of one TV showed Greensboro, the other depicted tragedy. Meanwhile, the coaches can hold a high standard for each other, so that we could all realize how important it was. We outworked them, outplayed them, and we came out on top. As if the sensory overload of one TV showed Greensboro, the other depicted tragedy. Meanwhile, the coaches can hold a high standard for each other, so that we could all realize how important it was. We outworked them, outplayed them, and we came out on top. As if the sensory overload of one TV showed Greensboro, the other depicted tragedy. Meanwhile, the coaches can hold a high standard for each other, so that we could all realize how important it was. We outworked them, outplayed them, and we came out on top. As if the sensory overload of one TV showed Greensboro, the other depicted tragedy.
Smith Becomes New Director of Student Activities

Elliott Smith has joined the Wesleyan community as Director of Student Activities. Smith, 31, comes to Rocky Mount from Indiana where he was Director of Youth Services for a non-profit in Indianapolis. The Spartanburg, SC native earned a BA in Practical Christian Training from MA in Pastoral Studies from Bob Jones University.

He was interviewed about his new position and goals, as well as his life outside of work.

Q. Begin by telling us about your previous jobs.
A. For five years at a non-profit in Indianapolis. As Director of Youth Services. I ran all programming for youth and children. The church runs different types of programs. Some in college, others are working full-time jobs, and some are working in churches as volunteers themselves.

Q. What drew you to Wesleyan College?
A. I love the growth and excitement that is happening at Wesleyan College. I shy away from things that feel stagnant. I wanted an opportunity to work with a young, energetic campus.

Q. Discuss specific ways that your previous jobs will help you as Director of Student Activities.
A. Each job I’ve had has centered on planning—planning schedules, activities, and assignments for people. Each job also had a large component of interpersonal building. Building relationships. I have learned how to navigate through different cultures and how to interact with all different types of people.

Q. What do you see as the role of the Student Activities office?
A. I think the role of Student Activities is to provide opportunities for students to get involved. I see the Office as a place to start a conversation with students about their interests and how we can help them get involved in activities that they are passionate about.

Q. What are some challenges that you expect to face as Director of Student Activities?
A. One of the biggest challenges I expect to face is keeping students engaged. With so many activities happening on campus, it can be difficult to get students to prioritize their time. I think it’s important to have a mix of activities that appeal to different interests and to create opportunities for students to get involved in meaningful ways.

Q. What are your goals for the upcoming academic year?
A. My goals for the upcoming academic year include increasing the number of students involved in extracurricular activities, creating new opportunities for students to get involved, and improving the overall student experience on campus.

Q. How do you plan to continue such trips?
A. We are currently working on planning and organizing future trips. We are looking to find new and exciting trips. By this time next year, we will have a trip planned to DC to see the flight of the F-16D. We are also considering trips to other locations such as Europe or Asia.

Q. Many students have enjoyed recent trips to Chicago and New York City. As a new Director, what changes do you plan to make to these trips?
A. I plan to make changes to these trips in order to make them more accessible and affordable for students. I am also considering adding new trips to our schedule in order to provide students with a wider range of options.

Q. Describe one of your favorite experiences so far at Wesleyan College.
A. One of my favorite experiences so far at Wesleyan College was attending the concert by the rock band My Morning Jacket. The atmosphere was incredible and the music was amazing. It was a memorable experience that I will cherish for a long time.

Q. What do you like about working at Wesleyan College?
A. I love the sense of community and the opportunities for growth at Wesleyan College. The students are passionate and engaged, and the faculty and staff are dedicated to providing a positive learning environment. It is a rewarding experience to work here.

Q. What are some of your hobbies or interests outside of work?
A. I enjoy reading, playing soccer, and spending time with my family. I also enjoy trying new restaurants and exploring the local area.

Q. What are some of your favorite things about living in the greater Rocky Mount area?
A. I love the small-town feel of Rocky Mount and the close-knit community. The people are friendly and welcoming, and there are many outdoor activities to enjoy.

Q. What are your plans for the upcoming academic year?
A. I plan to continue to work on increasing student engagement and providing opportunities for growth and development. I am also looking forward to getting to know more about the student body and working with them to create a supportive and inclusive environment.

Q. What is your message to students who are considering attending Wesleyan College?
A. I encourage students to come visit and see for themselves what Wesleyan College has to offer. I believe that the college provides a unique and valuable educational experience that prepares students for success in their future careers.

Q. What are some of the challenges that you foresee for next year as far as scheme, positions, and expectations?
A. Some of the challenges that I foresee for next year include increasing student engagement and providing opportunities for growth and development. I also plan to continue to work on creating a supportive and inclusive environment.

Q. How do you plan to stay current with the latest news and developments in your field?
A. I stay current with the latest news and developments in my field by attending conferences, reading professional journals, and networking with other professionals.

Q. What are some of your goals for the upcoming academic year?
A. My goals for the upcoming academic year include increasing student engagement and providing opportunities for growth and development. I also plan to continue to work on creating a supportive and inclusive environment.

Q. What advice do you have for students who are considering attending Wesleyan College?
A. My advice for students considering attending Wesleyan College is to visit the campus and see for themselves what the college has to offer. I believe that Wesleyan College provides a unique and valuable educational experience that prepares students for success in their future careers.

Q. What are some of the benefits of being a Director of Student Activities?
A. Being a Director of Student Activities offers many benefits, including the opportunity to work with a wide range of students and to have a significant impact on their lives. It also allows for professional growth and development in the field of student affairs.

Q. What are some of the challenges that you face in your role as Director of Student Activities?
A. Some of the challenges that I face in my role as Director of Student Activities include increasing student engagement and providing opportunities for growth and development. I also plan to continue to work on creating a supportive and inclusive environment.

Q. What are some of the most rewarding aspects of your job as Director of Student Activities?
A. One of the most rewarding aspects of my job as Director of Student Activities is seeing the growth and development of students as they become more involved on campus. It is also rewarding to see the impact that student activities have on the overall student experience.

Q. What are some of the biggest changes that you have seen in the college since you started?
A. One of the biggest changes that I have seen since starting at Wesleyan College is the increased focus on student engagement and the development of new opportunities for students to get involved on campus.

Q. What are some of your advice for students who are considering attending Wesleyan College?
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