



Master of Public Health Program

NCWU MPH Program Vision Statement:

The MPH in Physical Activity and Health at NCWU envisions a society where individuals and communities are equipped with information, support, and resources to understand and utilize the health-promoting benefits of physical activity in order to prevent disease and improve health and well-being.

NCWU MPH Program Mission statement:

The mission of the Master of Public Health in Physical Activity and Health at NCWU is to equip graduate students with the knowledge and skills to incorporate physical activity into the core of public health practice in order to improve the health of individuals, communities, and populations. The program is designed to train students as public health professionals, who are able to integrate the health promoting concepts of physical activity into public health programs, interventions, and policies.

NCWU MPH Program Goals:

The MPH Program mission is achieved through the following program goals:

- Curriculum development and implementation that emphasizes core foundational public health competencies, in addition to concentration-specific competencies in physical activity and health.
- Student access to research, practical experiences, and community engagement opportunities that are consistent with the mission and vision of the department, and work to advance public health research and practice.
- Strengthening students' interest in and commitment to integrating the health promoting benefits of physical activity into public health practice.
- Equipping students with the knowledge and skills to meet the needs of underserved, rural and diverse populations.
- Providing methodological expertise, collaboration, and education in the design, implementation, and evaluation of physical activity-based programs and policies aimed at improving the health of individuals and communities.
- Providing students with access to service opportunities in physical activity and public health, where students can apply their learning to real-world experiences, while simultaneously helping to improve the health of communities.

MPH Program Values

Academic Excellence

We are committed to providing a high-quality educational experience for our students. To support this value, we are committed to continual academic improvement through ongoing, critical evaluation of our program, regular assessment of student needs, and allocation of resources to support student success.

Community Engagement

We are committed to improving the health of our communities through community collaborations, partnerships, and community-based student service opportunities.

Interdisciplinary Learning

We are committed to the integration of methods, ideas, and disciplines across our curriculum, our faculty, and our students.

Health Equity and Diversity

We are committed to improving the health of all individuals by recognizing and respecting human differences, and working to advance health equity and reduce health disparities.